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भारत सरकार
Government of India
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
Ministry of Health & Family Welfare
निर्माण भवन, नई दिल्ली-110108
Nirman Bhavan, New Delhi-110108

D. O. No-28015/27/2012-TB (PartII)
Date: 14/05/2019

Dear STOs/DTOs

As per the recommendations of the Technical Expert Group (NTEG) on Treatment of TB and Technical expert group on Paediatric TB, following changes have been incorporated under the programme for treatment of drug sensitive TB with immediate effect.

1. TB patients upto 18 years of age should be given treatment as per chart of child dosages as children. It is a general guiding principle for treatment of both drug sensitive and drug resistant TB.
2. Weight categories for use of FDCs in adult are revised to ensure optimal dosage for the patients in each weight categories as recommended by WHO.

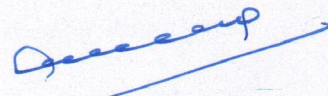
The revised weight bands for standard first line regimen for TB in adults is as given below:

Weight Category (2019)	Number of Tablets (FDCs)	
	Intensive Phase - 4FDC (HRZE) 75/150/400/275	Continuation Phase -3FDC (HRE) 75/150/275
25-34	2	2
35-49	3	3
50-64	4	4
65-75	5	5
>75Kg*	6	6

*patients >75 kg may receive 5 tablets/day if they do not tolerate this dose

3. An adult (New and previously treated) TB patient after being initiated on treatment, whose weight increases or decreases by 5 kg or more compared to the baseline weight and also crosses the current weight band range during the course of treatment, the weight band must be changed at the time of issuing the next strips to the patient. For paediatric patients, change in weight band should be carried out immediately when the actual weight of patient crosses the range of weight band irrespective of amount of increases or decreases in weight. An exercise of adding or removing drug pills from the drug box should be done accordingly.
4. The weight bands given in point 1 & 2 would be applicable for the patients to be initiated on treatment prospectively and would be implemented with immediate effect. However, for the patient already on treatment, the dosage may be altered if the provisions given under point 3 are applicable.

State to send necessary communication to respective districts for immediate implementation. Relevant revised documents for recording and reporting are annexed here.


(K. S. Sachdeva)

Enclosures

1. Annexure 15C - TB Treatment card for Drug sensitive TB
2. Annexure 15D - TB patient ID card

To,

STO (All State & UTs)

Copy of information to:

1. PPS to Addl Secretary MOHFW, GOI
2. PPS to Jt. Secretary (Public Health), MOHFW, GOI
3. All officers, Central TB Division, MOHFW, GOI